

READ IT!

Read Mark 3 v 1 - 6



Post to Facebook or Instagram and tag the church or email to dan@parklandschurch.org.uk.

LEARN IT!

'Be still and know that I am God'
Psalm 46 v 10



MAKE SENSE OF IT!



We're talking over the next couple of weeks about how we can and should spend time with Jesus.

This week, Mark spoke to us about the sabbath and taking time to rest...

WATCH IT!

Watch 'Jesus heals on the sabbath' by Orbitfaith



The link is on the Kids Church Page.

CHALLENGE OF THE WEEK!



1. Reflect on this week's memory verse. Try to learn it by writing it out and sticking it somewhere where you will see it all the time. Read it each morning and before bed.
2. This week, take some time to rest, talk to God and spend time with your family. These are great ways to honour the sabbath!
3. How could you show love to other people this week like Jesus did to that man? Maybe you could do something nice for one of your parents? Or how could you show that you appreciate your teachers?

SONGS OF THE WEEK



Every Move I Make
- CJ and Friends

Oh Taste and See
- Bethel Kids

Check out the video links on the webpage.

DISCUSS IT!



1. What was wrong with the man who approached Jesus?
2. What does it mean that people were looking for a reason to accuse him?
3. What was the problem with healing on the sabbath?
4. What does Jesus ask the man to do in v3 which shows he was not afraid of those who wanted to get him in trouble?
5. The men refuse to answer Jesus when he asks what he should do. How does Jesus respond to this?
6. The Pharisees are very cross with Jesus for this because he did heal on the sabbath. Why does this make them angry?

It is really important to have a day of rest but it is also important to love people like Jesus loved people.

CHAT TO GOD ABOUT IT!

Dear Lord,

Thank you that you love me and want to spend time with me. Help me to take time to rest this week. Also, help me to show love to others.

Amen



